

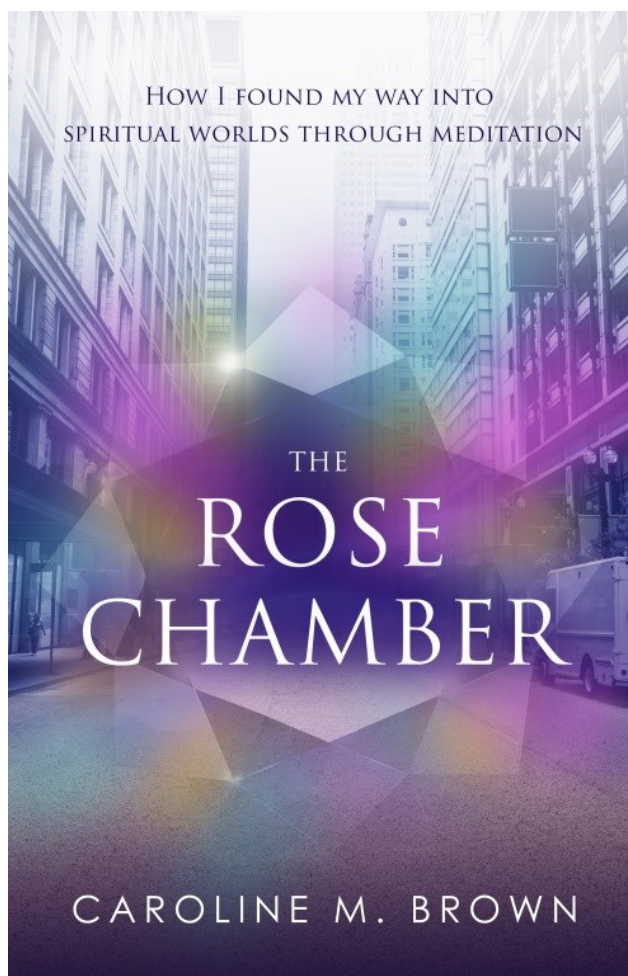
FOR IMMEDIATE RELEASE

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The Rose Chamber

How I found my way into spiritual worlds through meditation

Caroline M. Brown



The Rose Chamber is the autobiography of a modern-day initiate, an ordinary woman who — after years of hard work in meditative practice — found her way into spiritual dimensions.

As a young mother, Caroline found herself in a difficult marriage and began to meditate daily to cope with the pressures and deep unhappiness in her life.

Twenty-three years on, after a severe and testing life crisis she met — as if by chance — a teacher who taught her to cross consciously into spirit realms; this potentially dangerous step required expert guidance. Caroline had to work on herself with ruthless honesty and clarity at every stage, with discipline and self-control, to gain true faculties of 'seeing' and 'hearing' in these normally hidden realms.

In *The Rose Chamber* Caroline Brown tells her own remarkable and deeply moving story of how, through learning to come to terms with aspects of her nature and developing her human faculties, she can now consciously enter spiritual worlds that surround us all.

Caroline was granted specific glimpses of previous lives to help her to become conscious of how her very existence makes sense, and learnt that our human lives on earth are not only important to us as individuals, but are also essential to the whole cosmos and all the beings in it.

This astonishing book opens our eyes to hidden dimensions of spiritual beings and it demonstrates that 'the other side' is intrinsically entwined with our everyday lives and reveals new perspectives of how the world works in reality behind outer material existence.

Grounding everything in the imperatives of normal, earthly life, Caroline's personal struggle towards spiritual sight is profoundly encouraging to everyone who is working hard on their own pathway to make true spiritual progress in their inner lives and relationships with others.

This is not a theoretical book but an authentic account based on pure experience, with profound implications for everyone.

A 'must read' of the 21st Century!

Information about the author can be found at www.doorwaytohiddenworlds.org

Review copies may be requested from sales@inhams.com

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